

WHAT YOU CAN DO IF YOU ARE TARGETED BY RACISM.

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DEVELOPED BY **ACCT**
Foundation



- Option 1 ASSESS YOUR OWN SAFETY AND TRUST YOUR INSTINCTS**
If you don't feel safe, walk away. Always trust your instincts. Know that you don't have to respond right away. You have the option to respond in the moment or later (e.g., reporting).
- Option 2 DOCUMENT**
Keep a safe distance and use your phone to record what is happening. Remember to note the person harassing you, the date, time, place, landmarks, or other witnesses.
- Option 3 APPROACH OTHERS**
Approach a third party member (e.g., store employee, teacher, or other co-witnesses or police).
- Option 4 SUPPORT VICTIM**
As a bystander, you can approach and support the person being targeted by racism.
- Option 5 REPORT**
Report a racist incident by texting to 1-587-507-3838.

**ACCT 2
END
RACISM**

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Source: Ishiyama, I. (2001). Active Witnessing Responses Developed for Anti-racism Response Training (A.R.T.) Program, University of British Columbia.